

# Word search – kupu tunu kai

Words used in cooking



Learning different food preparation and cooking skills will help you to cook tasty and healthy meals.

**1 Find** all the te reo Māori words used in cooking.

E	Y	E	A	K	A	P	B	M	H	M
Z	J	H	U	Y	U	A	U	A	F	J
T	C	O	H	U	H	P	H	M	D	O
P	R	I	Ā	F	Ō	A	T	A	K	I
O	A	E	K	N	K	R	T	O	T	T
L	Q	K	I	H	I	A	P	A	R	A
A	R	E	Ā	P	A	N	T	B	E	K
N	S	F	K	P	K	G	Z	A	Q	A
A	P	A	K	A	P	A	K	A	M	H
M	A	T	A	O	G	K	B	L	P	W
E	I	H	A	P	A	T	A	P	A	T
F	I	K	D	O	V	L	P	W	C	C

**kai kōhua**

boil-up

**kuoro**

grated

**mata**

fresh

**matao**

chilled

**mamaoa**

steamed

**pāera**

boil

**pakapaka**

bake

**paparanga**

topping

**tapatapahi**

chopped

**whakatio**

frozen