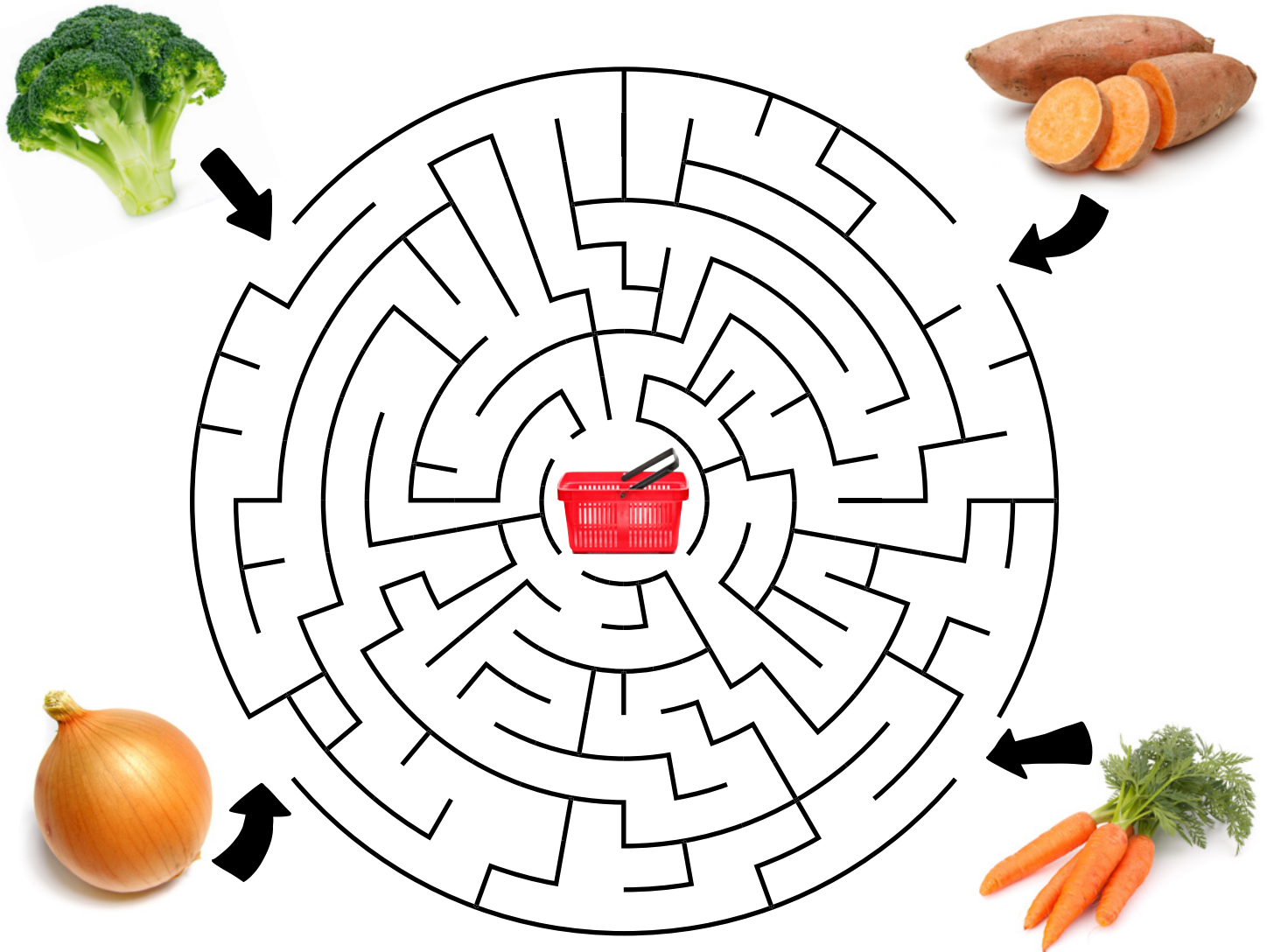


Food shopping maze

Helping with the grocery shopping is a great way to learn about food and nutrition. You can help choose a variety of vegetables to prepare and cook.

1 Help the vegetables get into the shopping basket!



2 Find recipes that you can use to prepare and cook each vegetable.

	Recipe name
Broccoli	
Kūmara	
Onion	
Carrot	